

Recovery Resource Center Schedule • JUNE 2012

****Information: call 216-739-7000 x1231 • Parma Clinic – 1st Floor – Room 1229A/B • Hours: M-F 9a - 3p****

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Community Meeting</u> will be at 12p 6/29/12 @ the Parma Hts Library, 6206 Pearl Rd. It is accessible via RTA Route 51! (CG) = Closed Group , see coach for details if you are want to attend!	NEW QUARTER next Month (July-Sept)! Please provide suggestions for groups. We will be having a <u>SPECIAL PROGRAM</u> on Fridays (July-Aug) flyers will be posted soon!	<u>WOMEN'S GROUP</u> will meet in 2421, group room in mental health, 2 nd floor. Please attend PEER COUNCIL meetings on FRIDAYS to discuss planning for the Annual Picnic and other center activities!	<u>Please leave your comments in the SUGGESTION BOX!</u> <u>Donations are being accepted by PEER COUNCIL daily for coffee and community functions.</u>	1 10-11a CBT Skills: Assertiveness & Communication (2117) 11a <u>Peer Council</u> (1229A/B)
4 10-11a Peer Group (2117) 11a-12:30p Pathways to Recovery (CG, 2117)	5 10-11a WORK Group (2117) 11a-12p Health and Wellness (2117) 1-2:30pm Individual Recovery Planning (as scheduled, 2117)	6 9-10a Nutrition (2117) 10-11a Recovery Strategies: Coping with Stress (2117) 11a-12:30p WRAP (CG, 2117) 12:30-2p – OFFER (Family Program)	7 10-11a Person to Person – by referral only (2117) 11a-12p ROAR (2117)	8 10-11:30a **<u>Imagination Arts</u>** (1229A/B) 10a-11a <u>Women's Group</u> (Rm 2421) 11a-12p Orientation (2117) 11 a <u>Peer Council</u> (1229A/B)
11 10-11a Peer Group (2117) 11a-12:30p Pathways to Recovery (CG, 2117)	12 10-11a WORK Group (2117) 11a-12p Health and Wellness (2117) 1-2:30pm Individual Recovery Planning (as scheduled, 2117)	13 10-11a Recovery Strategies: Coping with Stress (2117) 11a-12:30p WRAP (CG, 2117) 12:30-2p – OFFER (Family Program) ***** 1:30-2:30p <u>ALUMNI LUNCH</u> (2120)	14 <u>CENTER CLOSED</u> Staff Training	15 10-11a CBT Skills (2117) 10a-11a <u>Women's Group</u> (Rm 2421) 11a-12p Orientation (2117) 11a <u>Peer Council</u> (1229A/B)
18 10-11a Peer Group (2117) 11a-12:30p Pathways to Recovery (CG, 2117)	19 10-11a WORK Group (2117) 11a-12p Health and Wellness (2117) 1-2:30pm Individual Recovery Planning (as scheduled, 2117)	20 9-10a Nutrition (2117) 10-11a Recovery Strategies: Coping with Stress (2117) 11a-12:30p WRAP (CG, 2117) 12:30-2p – OFFER (Family Program)	21 10-11a Person to Person – by referral only (2117) 11a-12p ROAR (2117)	22 10-11a CBT Skills: Assertiveness & Communication (2117) 11a-12p Orientation (2117) 11a <u>Peer Council</u> (1229A/B)
25 10-11a Peer Group (2117) 11a-12:30p Pathways to Recovery (CG, 2117)	26 10-11a WORK Group (2117) 11a-12p Health and Wellness (2117) 1-2:30pm Individual Recovery Planning (as scheduled, 2117)	27 10-11a Recovery Strategies: Coping with Stress (2117) 11a-12:30p WRAP (CG, 2117)	28 10-11a Person to Person – by referral only (2117) 11a-12p ROAR (2117)	29 <u>12p COMMUNITY MEETING @ the PARMA HTS Library</u> On RTA Rt 51! **<u>Lunch, Important Updates & Plenty of Good Conversation!!!</u>**

(2nd Quarter – APRIL through JUNE 2012)